

## CURRICULUM VITAE

**MICHAEL J. HUBKA, DC, FCCS (C)**

### EDUCATION

- 1992      **Saskatoon Chiropractic Residency<sup>1</sup>**  
Department of Orthopaedic Surgery  
Royal University Hospital  
University of Saskatchewan  
Saskatoon, Saskatchewan, CANADA
- 1990-1992    **Clinical Science Residency<sup>2</sup>**  
Southern California University of Health Sciences  
Whittier, California, U.S.A.
- 1985-1988    **Bachelor of Science, Human Biology (B.S.)**  
**Doctor of Chiropractic, (D.C.)**  
Southern California University of Health Sciences  
Whittier, California, U.S.A.
- 1980-1985    **Undergraduate Studies**  
San Diego State University  
San Diego, California, U.S.A.

### PROFESSIONAL LICENSES

<b>Doctor of Chiropractic</b>	California License #:	DC 20232
<b>X-ray Supervisor and Operator</b>	California Permit #:	RHC 137533

### POSTDOCTORAL CREDENTIALS

- 1994      **FCCS (C)**  
Board Certified  
Fellow of the College of Chiropractic Sciences (Canada)
- 1994      **QME**      California Certificate #:    910685  
Qualified Medical Evaluator  
Division of Worker's Compensation Medical Unit

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1. The Saskatoon Chiropractic Residency is a six-month full-time (1700 hours) residency program sponsored by the Department of Orthopaedic Surgery of the Royal University Hospital, University of Saskatchewan, the Associated Chiropractic Clinics of Saskatoon, Saskatchewan, and the Canadian Memorial Chiropractic College. Residents rotate daily through hospital clinics in orthopaedic surgery, chiropractic, rheumatology, neurology, and radiology. Completion of this residency satisfies, in part, the requirements for fellowship status in the College of Chiropractic Sciences of Canada, FCCS (C).

2. The Clinical Science Residency is a three-year full-time (5500 hours) residency program of the Southern California University of Health Sciences. Residents receive in-depth training in research methods, patient care, and educational methods.

## **POSTDOCTORAL CERTIFICATION**

- 2011      **Progressive Goal Attainment Program, June 17-18, 2011, San Jose, CA**  
Michael JL Sullivan, PhD, University Centre for Research on Pain and Disability,  
McGill University, Montreal, CANADA
- 2011      **Council on Chiropractic Guidelines & Practice Parameters**  
**Train the Trainers, June 11, 2011, Chesterfield, Missouri**  
Ronald J. Farabaugh, DC, CCGPP
- 2004      **ACOEM Practice Guidelines Course, June 7, 2004, Los Angeles, California**  
American College of Occupational and Environmental Medicine
- 2004      **Customized AMA Guides 5<sup>th</sup> Edition, The California Experiment, June 4-5,**  
**2004, Los Angeles, California**  
American Academy of Disability Evaluating Physicians
- 1994      **Certified Operator of MedX Computerized Lumbar and Cervical Machines**  
Len Matheson, PhD & Vert Mooney, MD  
Educational Program for Musculoskeletal Evaluation and Rehabilitation  
Department of Orthopaedics  
University of California, San Diego School of Medicine
- 1996      **EPIC Lift Capacity Evaluation, California Functional Capacity Protocol (CAL-**  
**FCP), Functional Capacity Evaluation of Soft-Tissue Disability**  
Len Matheson, PhD & Vert Mooney, MD  
Educational Program for Musculoskeletal Evaluation and Rehabilitation  
Department of Orthopaedics  
University of California, San Diego School of Medicine

## **ACADEMIC APPOINTMENT**

- 2012 – Pres. **Associate Professor**  
School of Health Sciences  
International Medical University  
Kuala Lumpur, Malaysia
- 2012 – Pres. **Head of IMU Chiropractic Centers**  
International Medical University  
Kuala Lumpur, Malaysia
- 1995-2004      **Associate Professor**  
Southern California University of Health Sciences  
Whittier, California, U.S.A.

## **PROFESSIONAL EXPERIENCE**

- 2012–Pres.      **IMU Chiropractic Centre, Bukit Jalil**

Academic Practice and Clinical Teaching Centre  
No.126, Jalan Jalil Perkasa 19, Bukit Jalil  
Kuala Lumpur, Malaysia, 57000

2004-2012 **Hubka Chiropractic Corporation**  
2623 E. Foothill Boulevard, Suite 105  
Pasadena, CA 91107-3466

2002-2007 **Ainbinder Orthopedic Medical Group, Inc.**  
16661 Ventura Blvd # 806  
Encino, CA 91436  
Telephone: (818) 377-7788      Facsimile (818) 377-7794

Dennis Ainbinder, MD  
Orthopedic Surgeon

1992-2004 **University Health Center, Pasadena**  
Academic Private Practice and Teaching Clinic  
1450 N. Lake Avenue  
Pasadena, California, 91104

1992 **Department of Orthopaedic Surgery**  
Royal University Hospital  
Saskatoon, Saskatchewan, CANADA

Ken Yong-Hing, MD  
Professor and Head, Department of Orthopaedic Surgery

J. David Cassidy, DC, MSc (Orth), PhD, FCCS (C)  
Director of Research, Department of Orthopaedic Surgery

1992 **Associated Chiropractic Clinics**  
Saskatoon, Saskatchewan, CANADA

J. David Cassidy, DC, MSc (Orth), PhD, FCCS (C)  
Dale R. Mierau, BSPE, DC, FCCS (C)

1990-1991 **Whittier Health Center**  
Resident Clinic of the Southern California University of Health Sciences  
Whittier, California, U.S.A.

Al Traina, DC, DABCO  
Professor and Head, Clinical Sciences Division

1988-1990 **Chiropractic Orthopedic Group of San Diego**  
San Diego, California, U.S.A.

Mark A. Hubka, DC, DABCO  
Director

## **ACADEMIC HONORS AND AWARDS**

- 12/17/88      Magna Cum Laude  
Dean's List  
Delta Sigma Honorary Scholastic Society  
Mindlin Scholarship for Research Excellence  
Southern California University of Health Sciences  
Whittier, California, U.S.A.
- 5/5/93        Award for Excellence in Public Relations  
San Gabriel Valley Chiropractic Society  
Pasadena, California, U.S.A.

## **PUBLISHED RESEARCH**

1. Menke JM, **Hubka MJ**. Redirecting chiropractic education and research to support our future. *Dynamic Chiropractic*, 2010;28(11).
2. Phelan SP, Armstrong R, Knox D, **Hubka MJ**, Ainbinder D. An Evaluation of Medical and Chiropractic Provider Utilization and Costs: Treating Injured Workers in North Carolina. *J Manipulative Physiological Therapeutics*, 2004;27(7):442-448.
3. Delaney PM, **Hubka MJ**. The diagnostic utility of McKenzie clinical assessment for lower back pain. *J Manipulative Physiological Therapeutics* 1999;22(9):628-630.
4. **Hubka MJ**. Vigorous straight leg stretches for chronic sciatica: a non-concurrent multiple baseline study. Accepted for publication in the *J Manipulative Physiological Therapeutics*, 2002.
5. **Hubka MJ**, Phelan SP, Delaney PM, Robertson VL. Rotary manipulation for cervical radiculopathy: observations on the importance of the direction of the thrust. *J Manipulative Physiological Therapeutics* 1997;20(9):622-627.
6. Brantingham JW, **Hubka MJ**, Snyder WR, Wilkie PA, Biedebach D. Interexaminer reliability of palpation of the foot and ankle. *J Neuromusculoskeletal System* 1995;3(4):188-191.
7. **Hubka MJ**, Black D. The immediate effect of Back Bubble™ traction on mechanical low back pain: a pilot study. *J Chiropractic Technique* 1995; 7(1):18-21.
8. **Hubka MJ**, Phelan SP. Interexaminer reliability of palpation for cervical spine tenderness. *J Manipulative Physiol Therapeutics* 1994; 17(9):591-595.
9. Balageorge D, Cassidy JD, **Hubka MJ**, Vallee D, Yong-Hing K. Reliability and precision of a lumbar spine range of motion instrument. *J Bone J Surg (Orthopaedic Transactions)* 1994; 18(1):127-128.
10. **Hubka MJ**, Hall TA, Taylor JAM, Hubka MA, Brantingham JW. A new look at the classification of headaches. *J Chiropractic Technique* 1994;6(2):49-56.

11. **Hubka MJ**. Palpation for spinal tenderness: a reliable and accurate method for determining the target of spinal manipulation. *J Chiropractic Technique* 1994;6(1):5-8.
12. Brantingham JW, **Hubka MJ**, Snyder WR, Wilkie PA, Wong J, Brantingham CR, Diballa SD. Chiropractic management of Morton's metatarsalgia (Morton's Neuroma): a review of 29 patients. *J Chiropractic Technique* 1994;6(2):61-6.
13. **Hubka MJ**, Cassidy JD, Dust W. Femoral neck stress fracture presenting as low back pain. *J Canadian Chiropractic Assoc* 1992;36(4):217-221.
14. **Hubka MJ**, King L, Cassidy JD, Donat J. Brachial Plexus Neuropathy. *J Canadian Chiropractic Assoc* 1992;36(4):213-6.
15. Brantingham JW, Snyder WR, Dishman RW, **Hubka MJ**, Brown RA, Brantingham CR, Markham DJ. Plantar fasciitis. *J Chiropractic Technique* 1992; 4(3):75-82.
16. **Hubka MJ**, Taylor J, Schultz G, Traina A. Lumbar intervertebral disc herniation: chiropractic management using flexion, extension, and rotational manipulative therapy. *J Chiropractic Technique* 1991;3(1):5-12.
17. Taylor J, Schultz G, **Hubka MJ**. Osteonecrosis of the fibular sesamoid. *Chiropractic Sports Med* 1990; 4(4): 135-139.
18. **Hubka MJ**. Another critical look at the subluxation hypothesis. *J Chiropractic Technique* 1990; 2(1):27-29.
19. **Hubka MJ**, Hubka MA. Conservative management of idiopathic hypermobility and early lumbar instability using proprioceptive rehabilitation: a report of two cases. *J Chiropractic Technique* 1989;1(3):88-93.
20. **Hubka MJ**. Non specific back pain: a functional problem. In: Coyle BA, ed. Proceedings of the third annual conference on research and education. San Diego: Pacific Consortium for Chiropractic Research, 1987.

### **PUBLISHED BOOK CHAPTERS**

1. **Hubka MJ**. Chiropractic management of the Intervertebral Disc Syndrome. Chapter 23, In: Gatterman, ed. Foundations of Chiropractic. St Louis: Mosby Publications; 1995, pp:428-451.
2. **Hubka MJ**, Hall TA. Classification of headaches: a new look. In: Curl D, ed. Chiropractic approach to head pain. Baltimore: Williams & Wilkins; 1994, pp:182-9.
3. Pate D, **Hubka MJ**, Eckard LJ, Vlasuk SL. Disc herniations. In: Jaeger S, Pate D. Case studies in chiropractic radiology. Rockville: Aspen Publishers; 1990, pp:105-111.

### **RESEARCH IN PROGRESS**

1. Hubka MJ, Jacobs, G. The inter-examiner reliability of passive and resisted motion of the lumbar spine.
2. Hubka MJ. Manipulation for unilateral mechanical neck pain.
3. Hubka MJ. The relative effectiveness of cervical manipulation and mobilization for cervicogenic headache.

### **MEMBER OF THE EDITORIAL REVIEW BOARD**

*Chiropractic & Manual Therapies*, 2013 – Present  
BioMed Central

*Journal of Chiropractic Technique*, 1990 - 1999  
Williams & Wilkins

*Chronic Disease Patient Education Manual*, 1997 - Present  
Aspen Publishers, Inc.

*Chronic Disease Management: Clinical Pathways and Guidelines*, 1997 - Present  
Aspen Publishers, Inc.

### **PROFESSIONAL AFFILIATIONS**

American Public Health Association  
WestHartford Group, Board of Directors 2010 – Present  
California Chiropractic Association  
California Society of Industrial Medicine and Surgery  
American College of Occupational and Environmental Medicine  
Academy of Forensic & Industrial Chiropractic Consultants, Vice President External Affairs  
Rehabilitation Nurses Society

### **PRESENTATIONS MADE AT CONFERENCES**

**Computer-Aided Assessment of Chiropractic Students' Radiology Interpretation Skills**  
Education Conference of the World Federation of Chiropractic, ACC/ CCIAP  
Translating Evidence into Practice, September 26-29, 2012  
Perth, Western Australia

**Upper Extremity Impairment Rating & Upper Extremity Technique**  
The Annual AFICC Practice Symposium, June 2-3, 2012  
Huntington Beach, California, U.S.A.

**Upper Extremity Impairment Rating & Upper Extremity Technique**  
The Annual AFICC Practice Symposium, June 4, 2011  
Huntington Beach, California, U.S.A.

**The Role of Research in Integration & Knowledge Acquisition in Practice**  
SACA Leadership Conference, Integrative Panel, May 21, 2011

Los Angeles, California, U.S.A.

**Cervical Spine WPI Rating**

The Annual AFICC Practice Symposium, June 5, 2010  
Huntington Beach, California, U.S.A.

**A Refresher Course on the AMA Guides, 5<sup>th</sup> Edition**

The Annual AFICC Practice Symposium, June 27, 2009  
Huntington Beach, California, U.S.A.

**The Role of the Chiropractor in an Orthopedic Worker's Compensation Practice**

San Diego Spine and Sport Symposium, October 25-27, 2002  
La Jolla, California, U.S.A.

**Conservative Management of Low Back Syndromes: Updates in Assessment and Treatment**

Southern California University of Health Sciences, 2001 Re-licensing Seminars  
15 locations throughout California, Arizona, and Nevada, U.S.A.

**Psychosocial Risk of Factors for Chronic Musculoskeletal Pain**

American Medical Response, Medical Provider Training, March 20, 1999  
Newport Beach, California, U.S.A.

**Management of Pain and Disability**

N. Carolina Chiropractic Association's Annual Conference, March 12-14, 1999  
Charlotte, North Carolina, U.S.A.

**Recent Developments in Outcome Measures for Occupational Healthcare**

American Back Society, December 10-12, 1998  
Las Vegas, Nevada, U.S.A.

**Outcome Instruments for Measuring Pain and Disability**

American Medical Response, Medical Provider Training, March 19, 1998  
Marietta, Georgia, U.S.A.

**Outcome Instruments for Measuring Pain and Disability**

California Chiropractic Association, San Diego Chapter, February 28, 1998  
San Diego, California, U.S.A.

**The Role of the Chiropractor**

Rehabilitation Nurses Society, May 22, 1997  
Brea, California, U.S.A.

**Conservative Management of Lumbar Disc Problems**

Visiting Scholars Program, March 7, 1997  
Southern California University of Health Sciences  
Whittier, California

**Spinal Disorders: A Chiropractic Perspective**

The Monthly Spine Conference at USC University Hospital, April 18, 1996  
USC University Hospital  
Los Angeles, California, U.S.A.

**The Role of the Chiropractor**

Department of Physical Therapy, August 22, 1994  
Kaiser Permanente  
Bellflower, California, U.S.A.

**The Role of the Chiropractor**

Rheumatology Grand Rounds, July 6, 1993  
VA Hospital Sepulveda  
Los Angeles, California, U.S.A.

**The Role of the Chiropractor**

Neurology Grand Rounds, April 7, 1992  
Royal University Hospital  
Saskatoon, Saskatchewan, CANADA

**Therapeutic Exercises Following Manipulation under Conscious Sedation**

Buena Park Doctors Hospital, November 1991  
Buena Park, California, U.S.A.

**Managing Soft-Tissue Injuries**

Postgraduate Department, Los Angeles College of Chiropractic, April 20, 1991  
Ventura, California, U.S.A.

**Non-Specific Back Pain: a Functional Problem**

Third Annual Proceedings of the Pacific Consortium for Chiropractic Research, June 19, 1987  
San Diego, California, U.S.A.

**TELEVISION APPEARANCE**

**Complimentary Healthcare / Chiropractic**

30 minute program, aired five times in Los Angeles in 1994  
KABC Los Angeles, Channel 7, "City View"

Updated February 2013